



Lac La Hache, BC - August 25 & 26, 2012

2012 MASTER GARLIC CHEF Recipe Competition & Cook-Off RULES

1. Recipes for the 2012 Master Garlic Chef Recipe Competition and Cook-Off must be original and specify at least **six** cloves of fresh garlic, or the equivalent packaged form (1 tablespoon minced or chopped). Recipes must serve four (4) people and take less than two hours preparation time. The recipe competition encourages the use of garlic as a key ingredient and fresh ingredients where appropriate.
2. Each contestant may enter a **maximum of 2 recipes**, one entry per envelope or email transmission. Each entry must be typewritten, or hand-printed legibly, in recipe format. Recipe format lists ingredients in order of use with amount/quantity, followed by step-by-step method of preparation. **The contestant name, address and telephone number must be included with each recipe submission.**
3. Contest is open to U.S. and Canada residents only, nineteen (19) years of age or older. Void wherever prohibited, taxed or restricted by local law.
4. Recipes must be mailed, or transmitted via email to The South Cariboo Garlic Festival, c/o The Lac La Hache Community Club, Box 252, Lac La Hache, BC V0K 1T0 and **postmarked no later than July 25, 2012**. The email address is southcariboo garlicfestival@gmail.com All recipes submitted as entries become the property of the Lac La Hache Community Club. By entering the contest, all participants consent to the commercial use of their name, picture, likeness and recipe for advertising and publicity purposes without further compensation.
5. A selection panel will consider qualifying entries and choose the **three** finalists. Originality and use of garlic in the recipes will be the major criteria. Notification and details of Cook-Off participation will be made to the three finalists **by August 8, 2012**. Finalists must participate personally in the Cook-Off to be eligible for the cash prizes.
6. Finalists provide the ingredients necessary for their recipes, as well as all required cooking utensils (stoves and/or toaster ovens will be provided by the Festival, upon advance request).
7. **On August 26, 2012**, dishes prepared by the finalists on the festival Cook-Off Stage, will be judged by a panel of three individuals -- food experts and/or celebrities. Selection of the judges is at the sole discretion of the Lac La Hache Community Club. The basis for judging will be ease of preparation, flavor, creativity, appearance and use of garlic. The decision of the judging panel is final and binding.
8. On-stage participation during the cook-off is limited to the contestants and the MC.
9. Prizes at the South Cariboo Garlic Festival Recipe Contest are offered only to those finalists who participate in the Cook-Off on August 26, 2012. The prizes are: \$1,000 for first place; \$500 for second place; \$250 for third place.